



CHILDREN'S THALASSAEMIA FOUNDATION

地中海貧血兒童基金

Dexa Scan Medical Supporting Fund

骨質密度檢查資助計劃

Guidelines 申請指引

Adult patients with severe beta thalassaemia are prone to complications such as osteoporosis.

Bone mineral density (BMD) testing, also known as DEXA or DXA scan, uses two different energy levels of X-rays to measure BMD in the lumbar spine and hip bones. This test helps assess the extent of bone loss.

If significant bone loss is detected, the patient's doctor-in-charge should be notified immediately so that appropriate treatment can be initiated without delay.

Since waiting times for a government-scheduled DEXA scan can be lengthy, Children's Thalassaemia Foundation will provide financial assistance for patients to undergo the test at a private clinic or laboratory when needed. The test results should then be submitted to the doctor-in-charge for interpretation and follow-up management.

重型地貧成年患者容易併發骨質疏鬆。骨質密度檢查又稱為 DEXA/DXA，是利用兩種不同能量 X 光，分析體內腰椎和髖骨的骨質密度(BMD)，以檢測體內骨質流失情況。

如果發現骨質流失情況嚴重，便應立刻通知主診醫生，及早對症下藥。

鑑於在政府排期進行骨質密度檢查需時，地中海貧血兒童基金決定資助病友在有需要情況下，在坊間診所或化驗所進行檢查，然後將報告遞交給主診醫生解釋及跟進。

Funding 資助金額

A wide range of private clinics and private hospitals offer bone mineral density (DEXA) scans, with fees ranging from HKD 590 to over HKD 2,000. Individuals in need are encouraged to call various clinics for enquiries. Patients who wish to undergo testing at government hospitals or clinics are also eligible to apply for the subsidy. Should you have any questions, please do not hesitate to contact Children's Thalassaemia Foundation.

Subsidies are provided on an actual-expense reimbursement basis, with a maximum grant of HKD 600 per application. Patients may submit one application every two years.

坊間有很多提供照骨質密度的診所及私家醫院，收費由港幣五百多至二千多元不等，病友可致電相關診所查詢。於政府醫院或診所檢查，亦可以申請資助。如有不清晰，可致電地貧基金辦事處。

資助以實報實銷方式處理，最高資助額為港幣六百元，每兩年可以遞交一次申請。詳情見以下申請方法。



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Who Can Apply 申請資格

All patients with Thalassaemia Major or Intermedia who are permanent residents of Hong Kong, aged 18 or over are eligible to apply. Thalassaemia Major patients who have recovered from Stem Cell Transplantation or Cord Blood Transplant within 5 years, may also apply.

所有重型或中型地中海貧血病患者，年齡十八歲以上，並且是香港永久居民均可申請，曾接受血幹細胞移植或臍帶血移植的地貧患者康復後五年之內亦可申請。

How to Apply 申請方法

Application forms can be obtained from the following sources:

申請表格可在以下地點索取:

1. Children's Thalassaemia Foundation 地中海貧血兒童基金
Room 1102 SUP Tower, 75-83 King's Road, North Point, Hong Kong.
香港北角英皇道 75-83 號聯合出版大廈 11 樓 1102 室
Tel: 2523-5400 Fax: 2818-0636
2. The Thalassaemia Association of Hong Kong 香港地中海型貧血病協會
Room 1102 SUP Tower, 75-83 King's Road, North Point, Hong Kong.
香港北角英皇道 75-83 號聯合出版大廈 11 樓 1102 室
Tel: 2889-8399
3. Children's Thalassaemia Foundation website
地中海貧血兒童基金網頁
www.thalassaemia.org.hk

Completed application forms should be returned with the original invoice (payment slip) to the Children's Thalassaemia Foundation by mail, within 6 months after checking is completed.

將填妥的表格連同收據「正本」，於檢查完成後 6 個月內，寄回地中海貧血兒童基金。